

Fig. 1

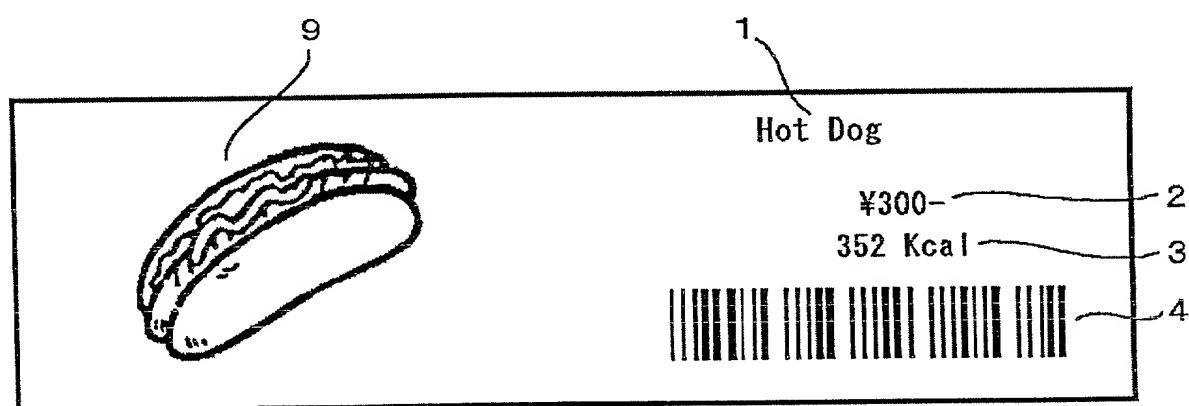
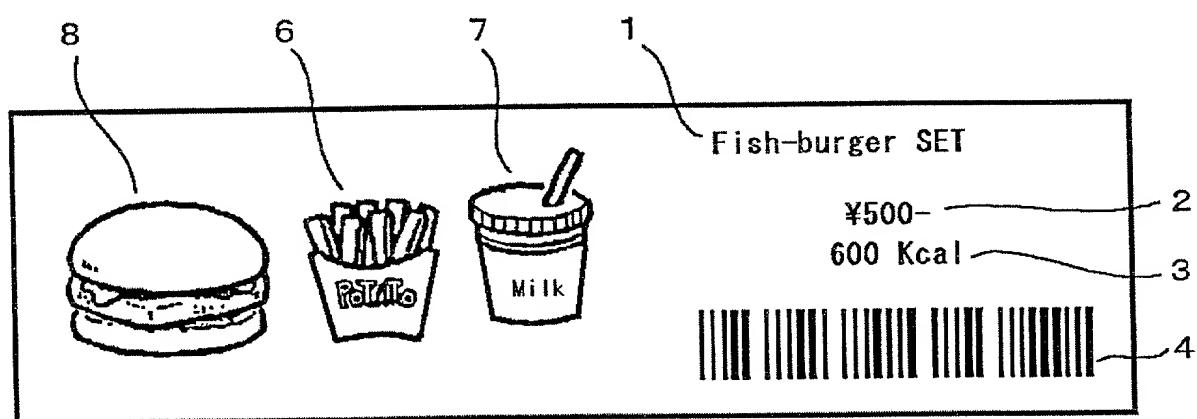
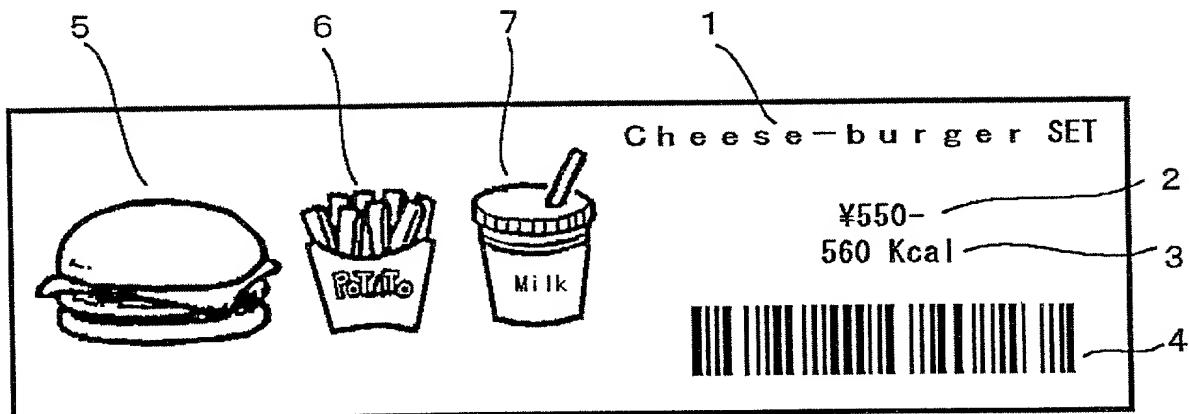


Fig. 2

Foodstuff/ Nutritional Element	Nutritional Element 1	Nutritional Element 2	Nutritional Element 3	Nutritional Element 4	Nutritional Element 5	Nutritional Element 6	
A. Bread	2.0 units						
B. Potato	0.9 units						
C. Ground Beef				2.0 units			
D. Cheese					0.2 units		
E. Milk						1.4 units	
F: Salad Oil							0.4 units
G. Lettuce							0.1 units
TOTAL							7.0 units (560Kcal)

Nutritional elements 1 to 6 included in foodstuff A to G are described with 80 Kcal as a unit.

Fig. 3

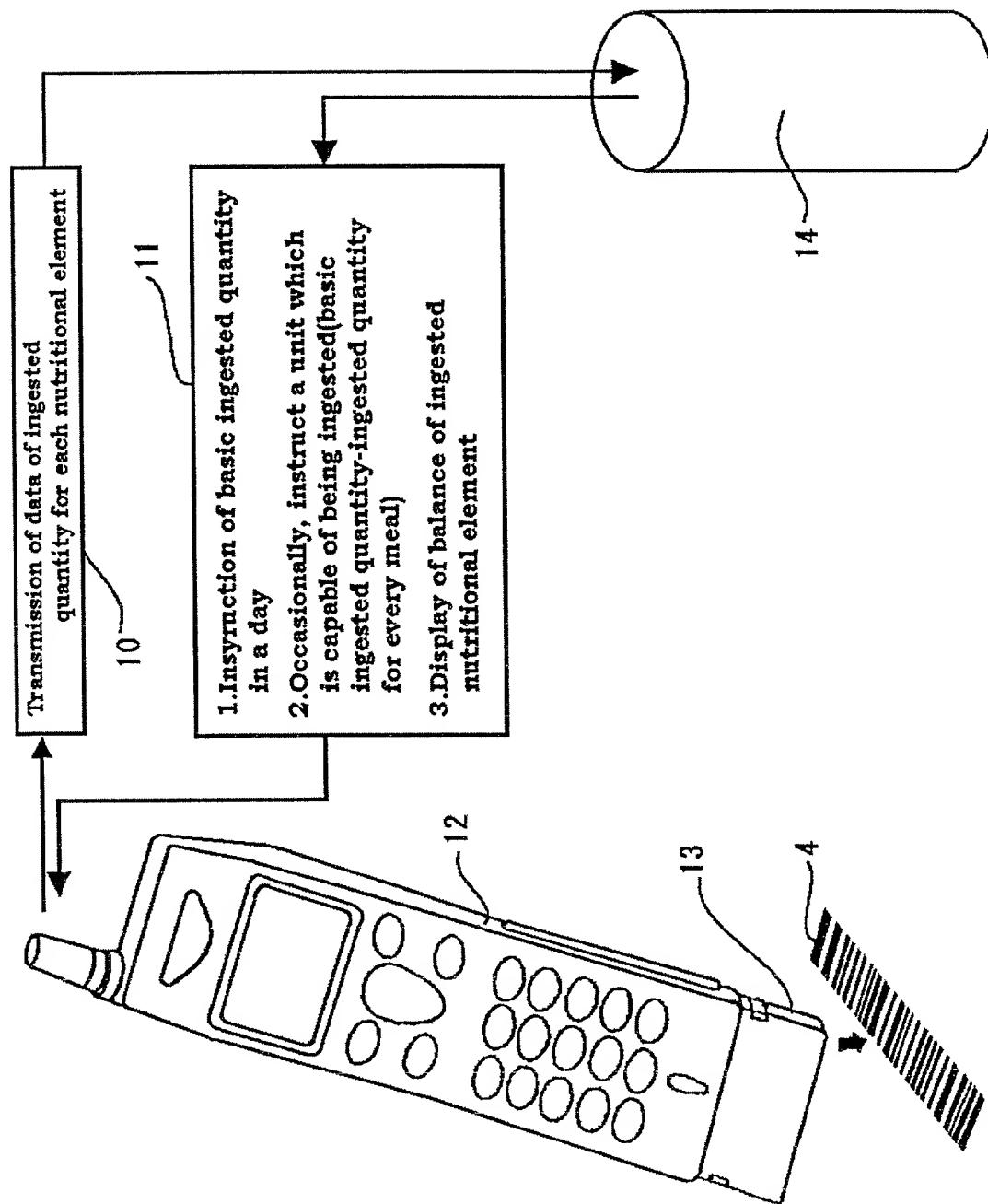


Fig. 4

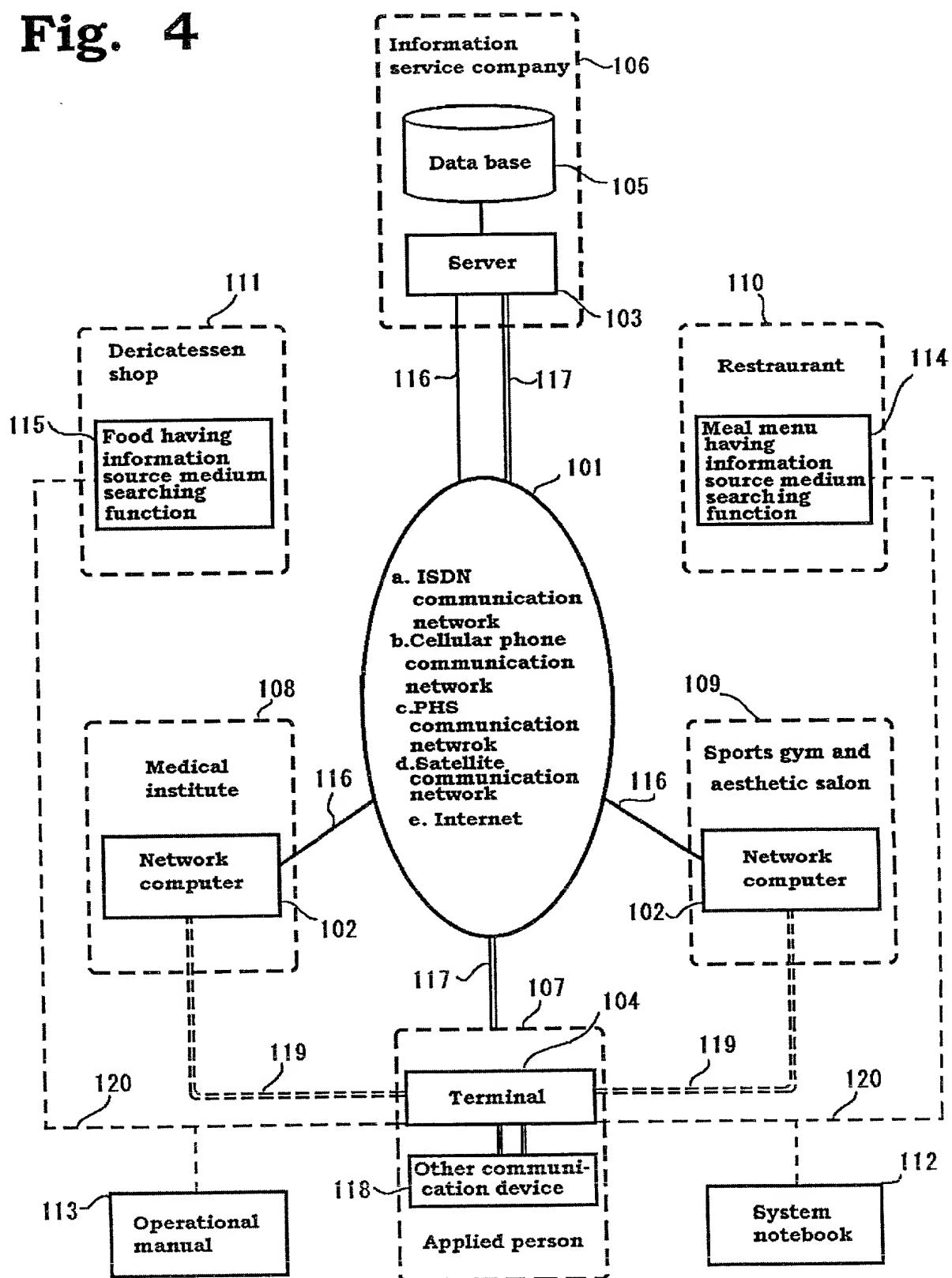


Fig. 5

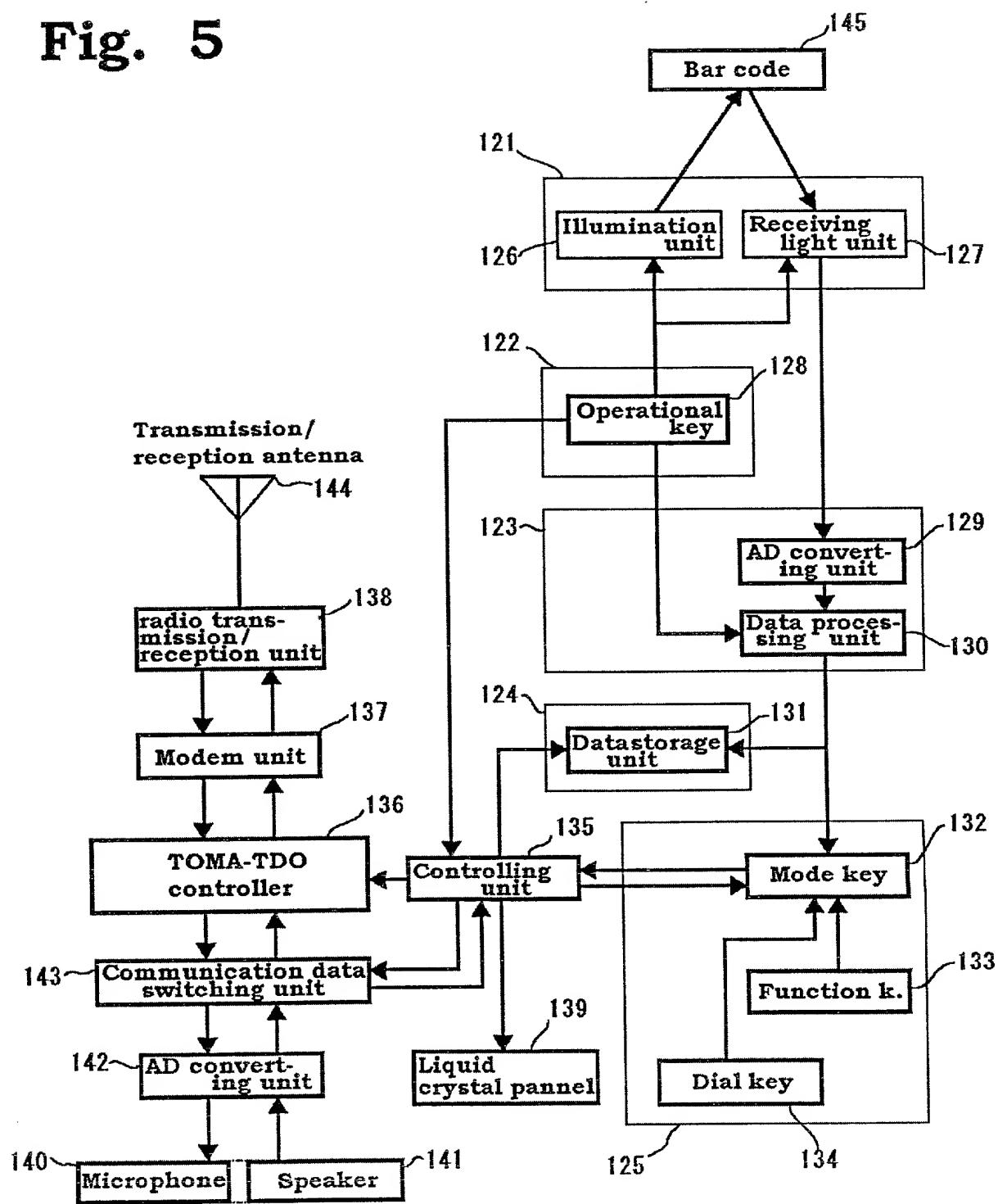


Fig. 6

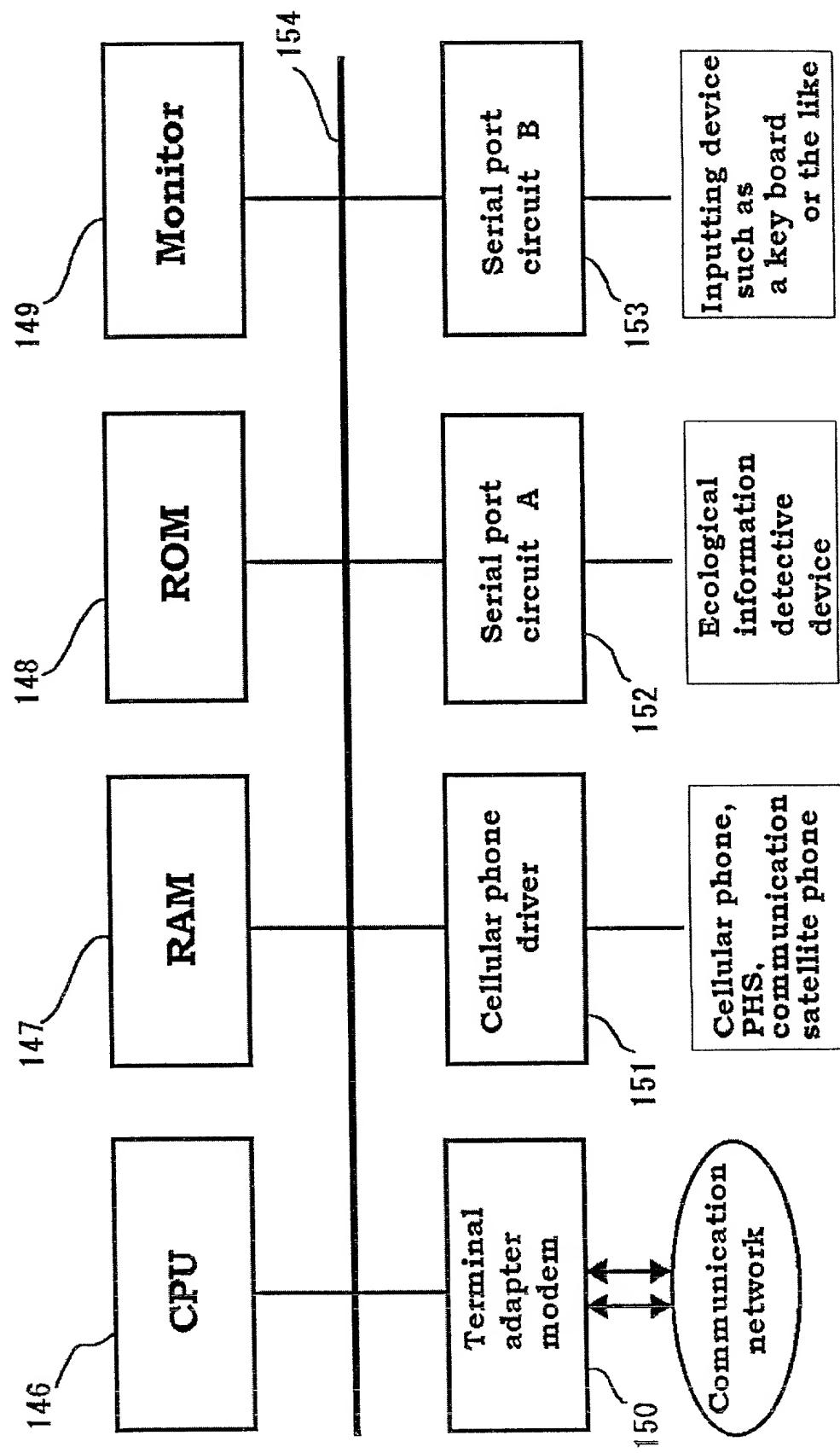


Fig. 7

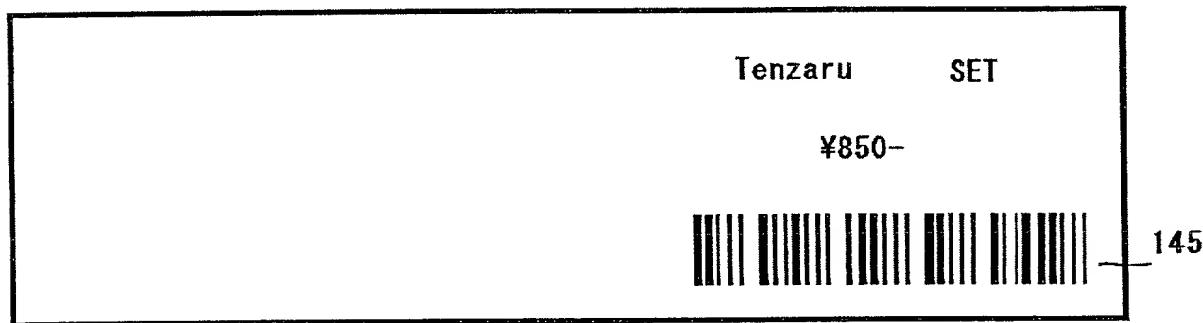
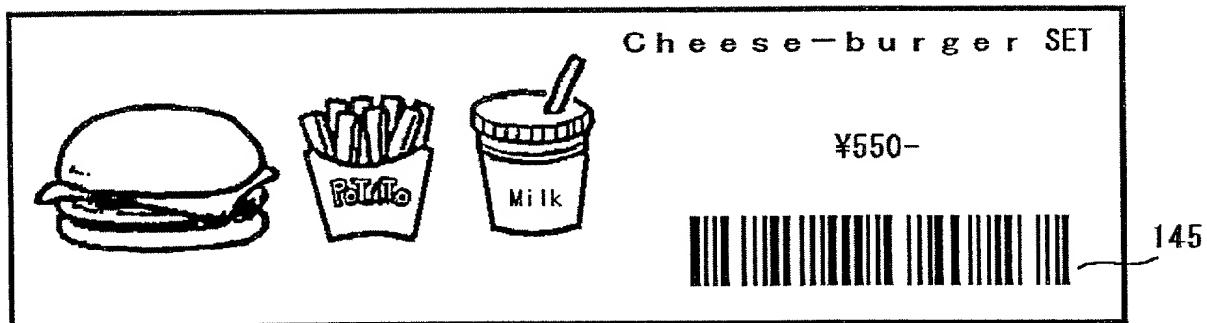


Fig. 8

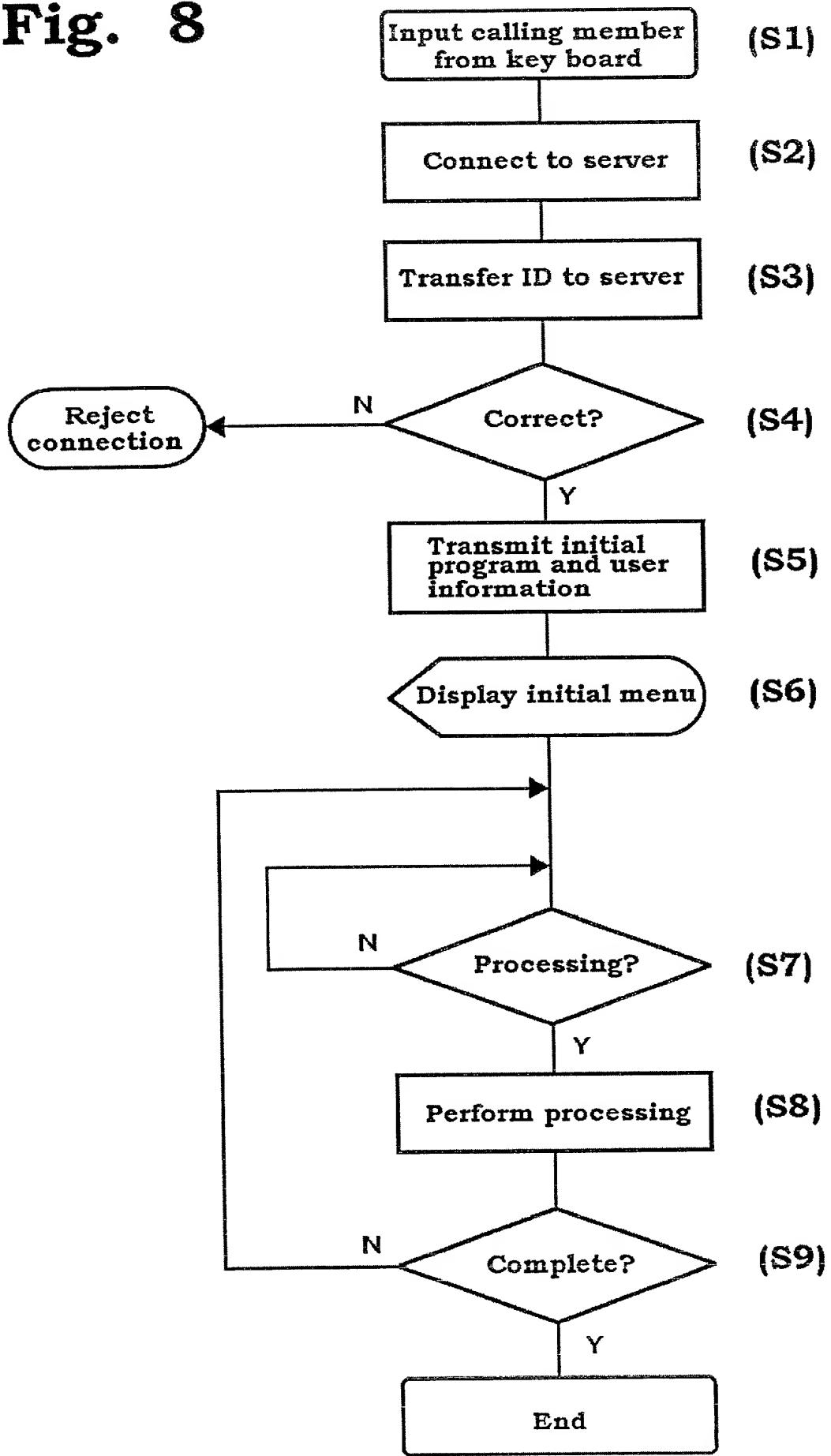


Fig. 9

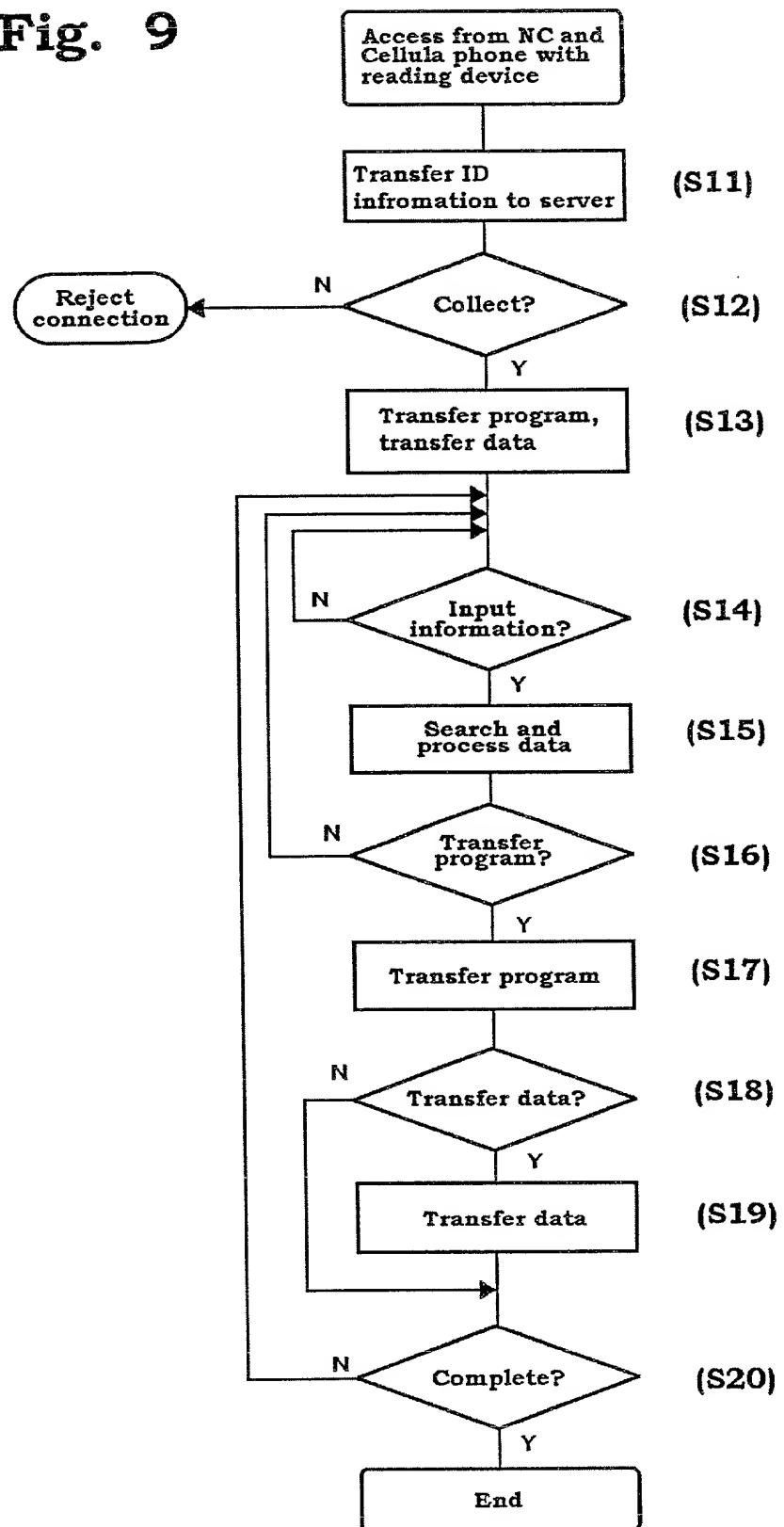


Fig. 10

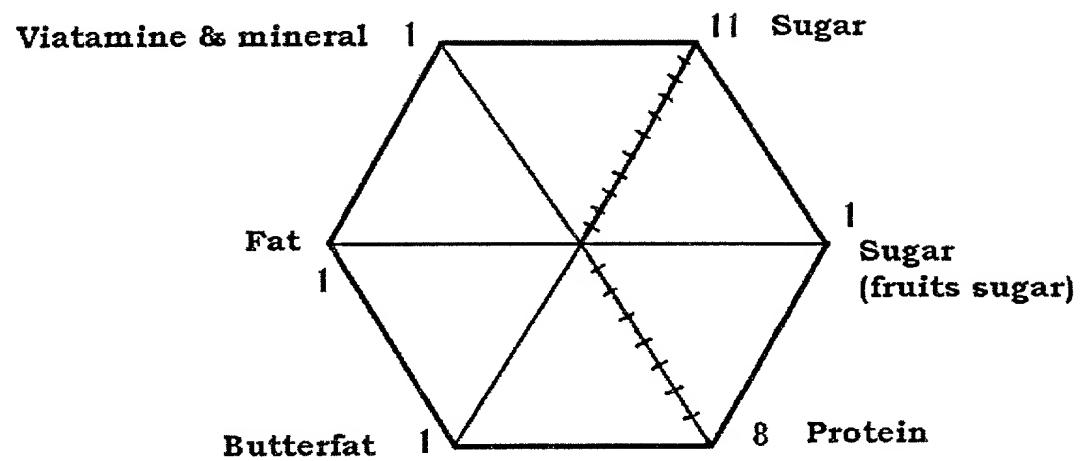
ITEM	SUGAR	SUGAR (Fruits sugar)	PROTEIN	BUTTER/FAT	FAT	VITAMINE & MINERAL
Ingest quantity by breakfast	3.0	---	1.0	---	0.2	0.2
Ingest quantity by lunch	3.0	---	3.0	---	0.3	0.3
Ingest quantity by between meal & snack	1.0	1.0	---	1.0	---	---
Ingest quantity by supper	4.0	---	4.0	---	0.5	0.5
TOTAL	11.0	1.0	8.0	1.0	1.0	1.0

* Ingested calorie quantity in a day is determined as 1,800 Kcal (23 units)

* Numerical value is described with 80 Kcal as a unit

Fig. 11

A. Initial data
(ingested quantity in a day)



B. Data at lunch

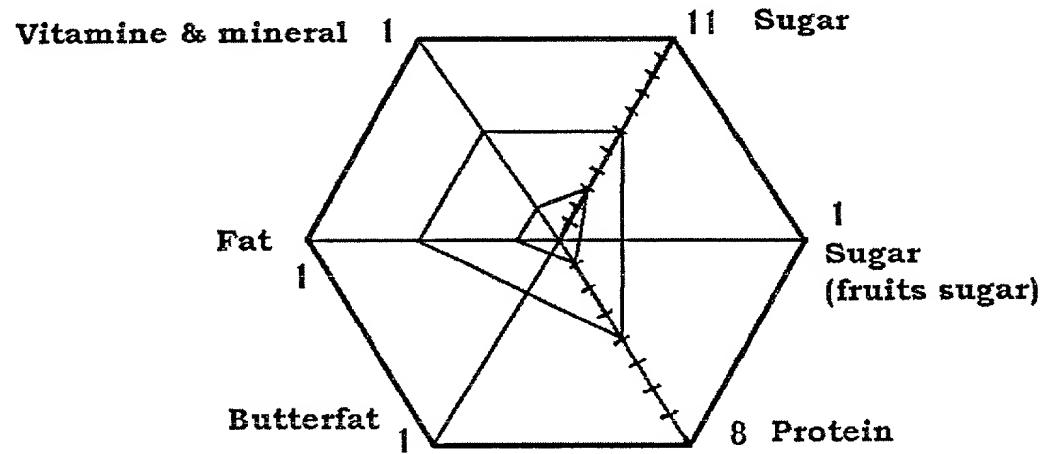


Fig. 12

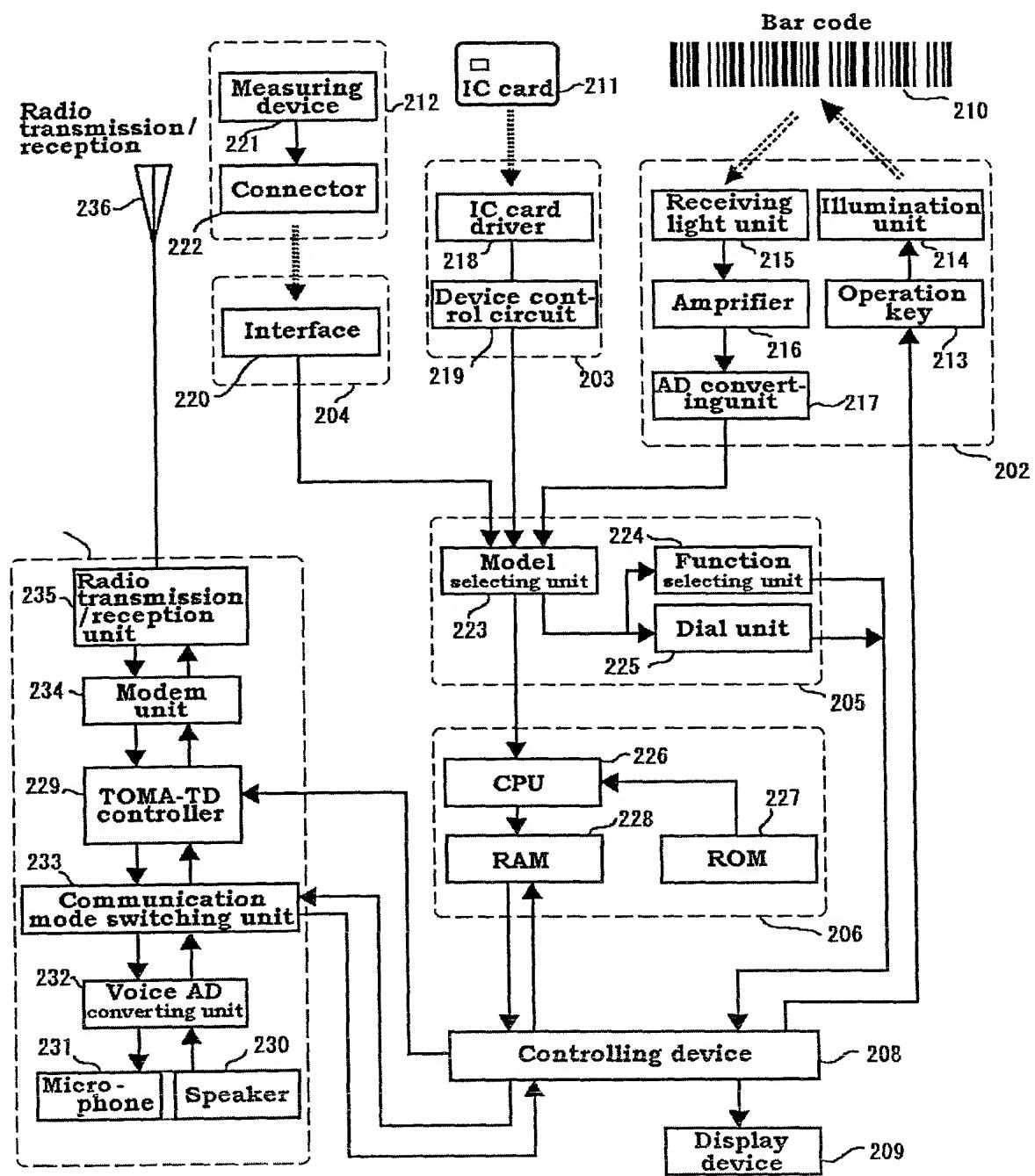


Fig. 13

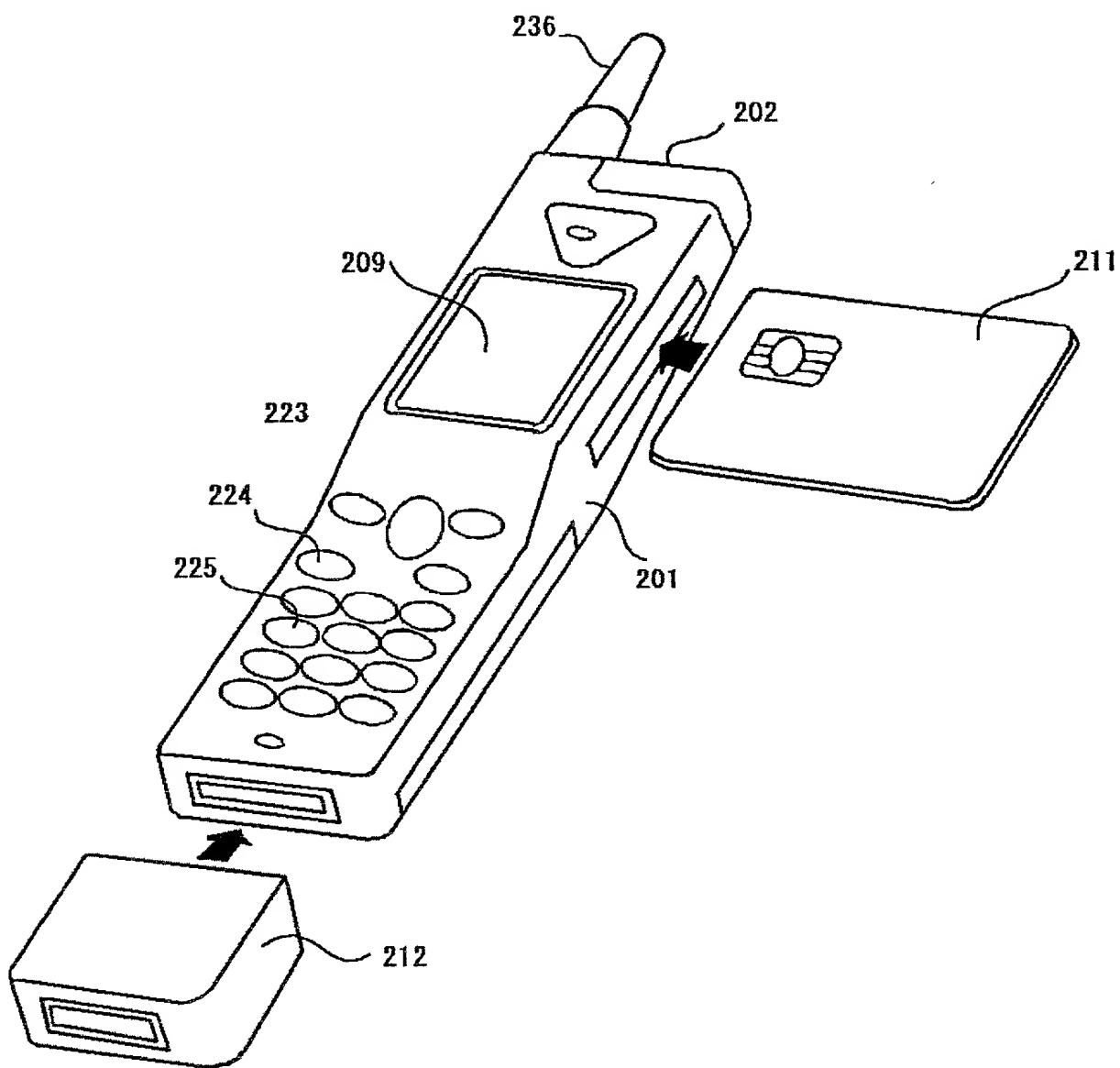


Fig. 14

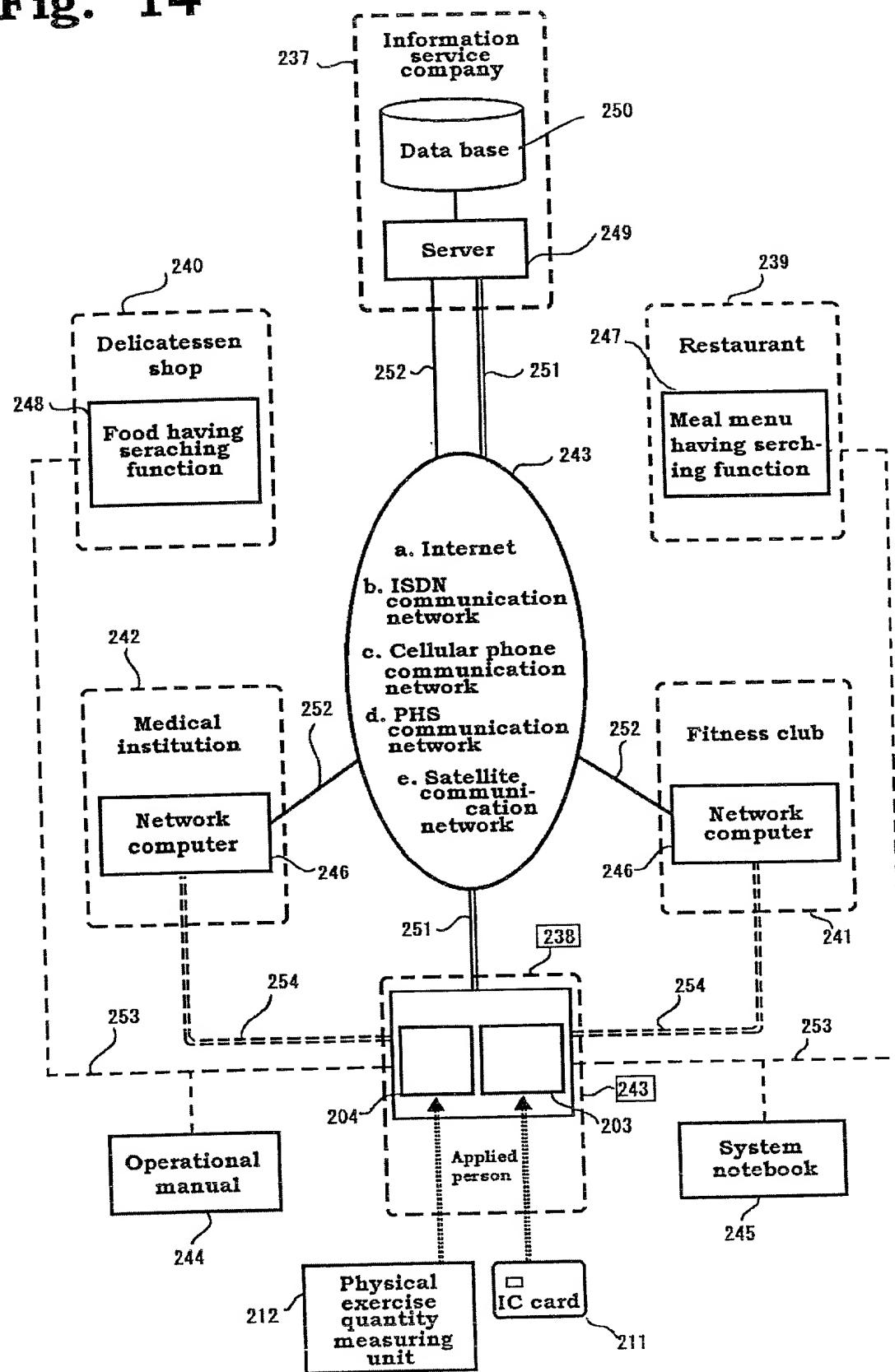


Fig. 15

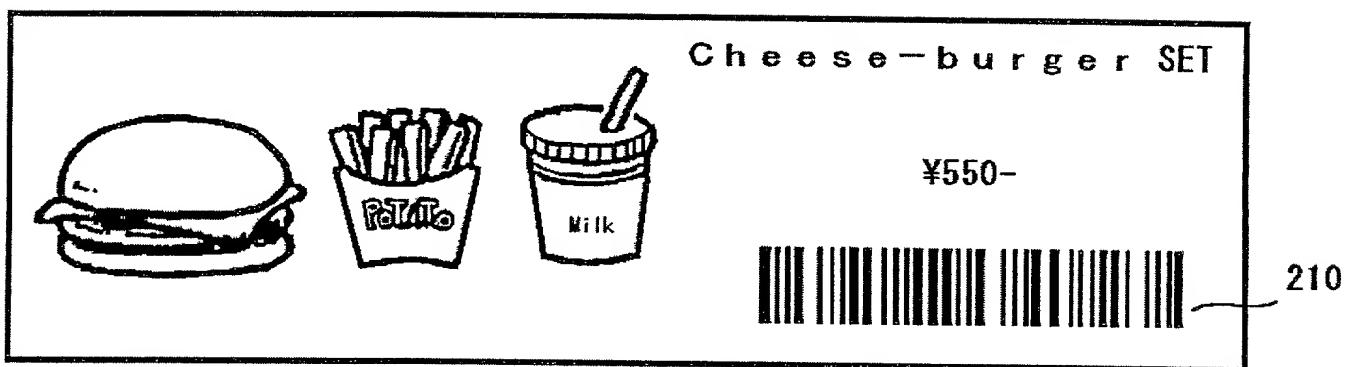


Fig. 16

Table 1, lunch (energy quantity for each nutritional element of cheese-burger set)

ITEM	SUGAR	FRUITS SUGAR	PROTEIN	BUTTER FAT	FAT	VITAMINE & MINERAL	TOTAL
INGEST QUANTITY	4.5	---	2.0	1.5	0.3	0.2	8.5 units
ENERGY QUANTITY	360	---	160	120	24	16	680 Kcal

Table 2, ingested quantity in a day (breakfast has been ingested, as lunch, cheese-burger is ingested, supper is not ingested)

ITEM	SUGAR	FRUITS SUGAR	PROTEIN	BUTTER FAT	FAT	VITAMINE & MINERAL	TOTAL
Ingest quantity by breakfast	3.0	---	1.0	---	0.2	0.2	4.4 units
Ingest quantity by lunch	4.5	---	2.0	1.5	0.3	0.2	8.5 units
quantity which can be ingested	4.5	1.0	3.5	---	0.5	0.6	10.1 units
Ingest quantity in a day	12.0	1.0	6.5	1.5	1.0	1.0	23.0 units

- Calorie quantity which applied person can ingest is determined as 300 Kcal (23 units).
- Numerical value of ingested quantity described with 80 Kcal as a unit.

Fig. 17

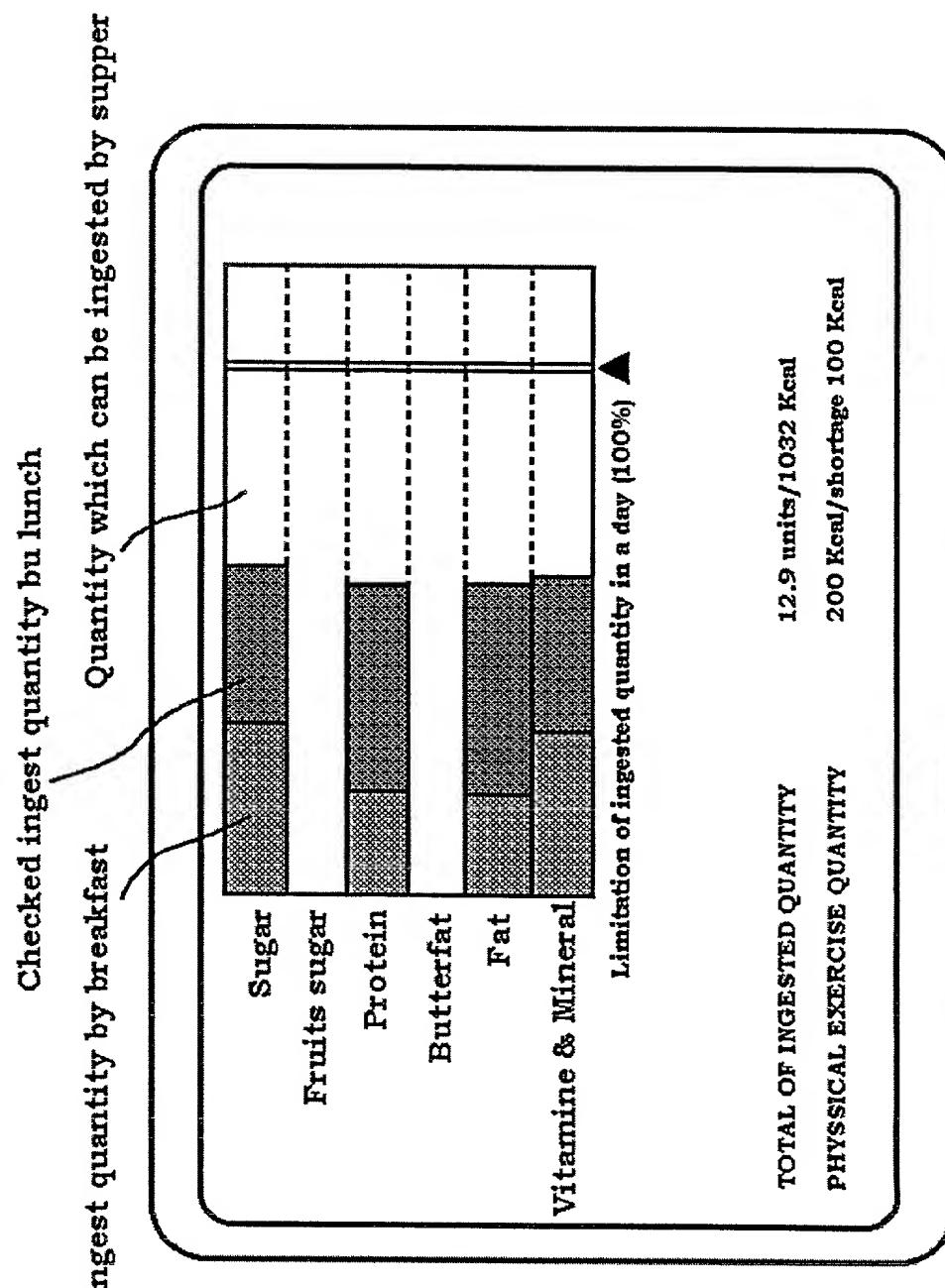


Fig. 18

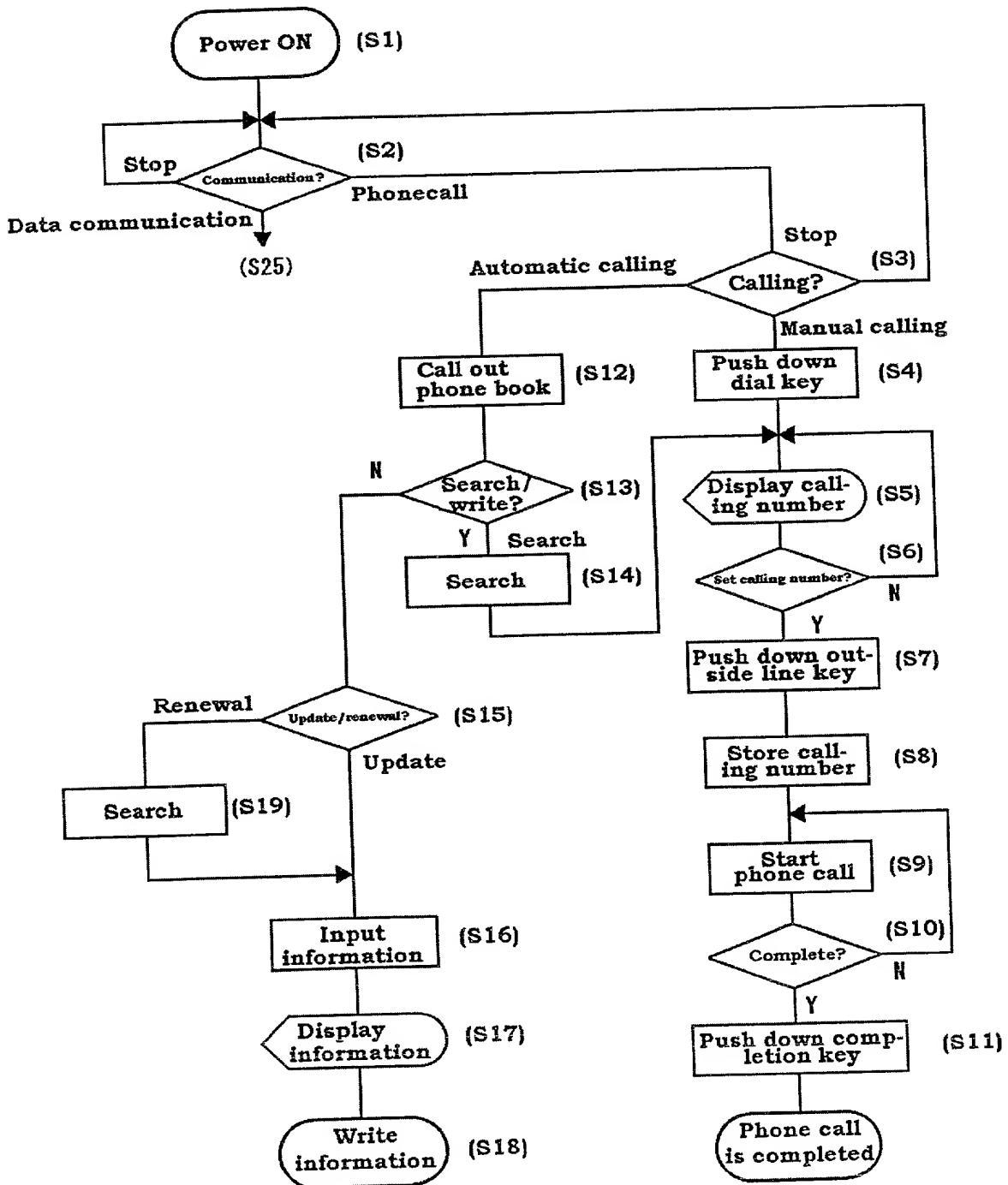


Fig. 19

